Who We Are.

Family Resource Center on Disabilities (FRCD) of the Chicago Metropolitan area is a Parent Training and Information Center, that is here to help you learn how to prepare your child to lead a productive and independent adult life.

Organized in 1969 by parents, professionals, and volunteers who sought to improve services for all children with disabilities, FRCD has been a pioneer as a coalition that covers all disabilities. It has been the continued goal of FRCD to inform, empower and assist parents on their rights under Individuals with Disabilities Education Act (IDEA).

Our Trainings Cover...
- The Special Education Rights of Children with Disabilities (IDEA).
- The Individualized Education Program (IEP)
- Skills for Effective Parent Advocacy.
- Transition to Post Secondary Education
- Procedural Safeguards.

Family Resource Center on Disabilities

11 E. Adams St.
Suite 615
Chicago, Illinois 60603
info@frcd.org
www.frcd.org
Voice: (312)939-3513
Fax: (312)854-8980

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Family Resource Center on Disabilities

**Who We Are**
FRCD is a parent training and information center that provides families of children with disabilities with assistance, support and training with navigating the special education process in Illinois.

**We Help You..**
- Understand your rights and responsibilities under the Individuals with Disabilities Education Act (IDEA).
- Communicate more effectively with school professionals.
- Obtain appropriate services for your children.

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**Information and Referral Services**
By contacting FRCD, you are taking the first steps toward finding more support for your family.

The majority of FRCD staff are parents of children with disabilities who understand what you are experiencing and are ready to help you help your child.

**Special Education Rights Training**
FRCD staff will help you find the resources or information you need.
FRCD helps a wide variety of families and professionals on local, state, and national levels everyday through informational workshops, phone trainings and community outreach.

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**Training for Parent Leaders**

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**How Do I Start?**
Give us a call at (312)939-3513
Our office hours are from 9 am to 5 pm
Visit us on-line at www.frcd.org
Send an e-mail to info@frcd.org
Follow us @ Facebook, YouTube, and Twitter.

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**What Can I Expect?**

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**How Can FRCD Help Me?**

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