

# A GUIDE TO ADAPTIVE APPAREL FOR YOUR LITTLE ONE

Adaptive apparel includes garments that have been modified to meet the needs of individuals with disabilities or individuals who require just a bit more assistance. There are many growing brands that support children requiring altered clothing to support parents and caregivers with helping their little ones get dressed. Occupational therapists help families and children work on dressing skills through the practice of fine motor skills, coordination, sequencing, and other related self-care activities. As always, it is best to discuss the adaptive apparel you are interested in with a healthcare professional to determine if it is appropriate for your child.

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## CLOTHING

Abilitee  
Adaptive Clothing Showroom  
Care+Wear  
CBO Baby  
Fun and Function  
Kohl's  
Koolway Sports  
Kozie Clothes  
Land's End  
Lotsa Brave People  
MagnaReady  
MagneticMe  
Preventa Wear  
Reboundwear  
Rolling Buddies  
Target  
Tommy Adaptive



## ACCESSORIES

Abilitee  
Adaptive Clothing Showroom  
Koolway Sports  
Myself Belts



## FOOTWEAR

Adaptive Clothing Showroom  
BILLY Footwear  
Converse Easy Slip  
Koolway Sports  
Kurkside Shoes  
Nike FlyEase



## NEWBORNS

Abilitee  
Care + Wear  
Kozie Clothes  
Lotsa Brave People  
MagneticMe  
Tubesies



## BENEFITS

- Increased...
  - Independence
  - Confidence and autonomy
  - Opportunities for self-expression by selecting one's own clothing
  - Self-esteem and understanding of identity

## ...AND MORE!



## RESOURCES

[www.ball-of-wax.com](http://www.ball-of-wax.com)  
[www.runwayofdreams.org](http://www.runwayofdreams.org)