

# Who We Are.

Family Resource Center on Disabilities (FRCD) of the Chicago Metropolitan area is a Parent Training and Information Center, that is here to help you learn how to prepare your child to lead a productive and independent adult life.

Organized in 1969 by parents, professionals, and volunteers who sought to improve services for all children with disabilities, FRCD has been a pioneer as a coalition that covers all disabilities. It has been the continued goal of FRCD to inform, empower and assist parents on their rights under Individuals with Disabilities Education Act (IDEA).

## FRCD

Empowering Families  
Since 1969

## Family Resource Center on Disabilities



## Family Resource Center on Disabilities

### Our Workshops Cover...

- The Special Education Rights of Children with Disabilities (IDEA).
- The Individualized Education Program.
- Skills for Effective Parent Advocacy.
- Procedural Safeguards.

*English / Spanish*

11 E. Adams St.  
Suite 1002  
Chicago, Illinois 60603  
[info@frcd.org](mailto:info@frcd.org)  
[www.frcd.org](http://www.frcd.org)

Voice: (312)939-3513  
Fax: (312)854-8980

Providing parents of  
children with disabilities with  
information, training,  
assistance, and support.



# Family Resource Center on Disabilities

## Who Are We?

Funded by the Office of Special Education Programs(OSEP), FRCD is a training center that provides parents of children with disabilities with information, training, assistance, and support.

## We Help You..

- Communicate more effectively with school professionals.
- Obtain appropriate services for your child
- Effect positive change in your child's school.



Information and Referral Services



Special Education Rights Training



Training for Parent Leaders

# LEARN MORE ABOUT FRCD

## How Do I Start?

Give us a call at (312)939-3513  
Our office hours are from 9 am to 5 pm  
Visit us on-line at [www.frcd.org](http://www.frcd.org)  
Send an e-mail to [info@frcd.org](mailto:info@frcd.org)  
Follow us @ Facebook, YouTube, and Twitter.



## What Can I Expect?

By contacting FRCD, you are taking the first steps toward finding more support for your family.

The majority of FRCD staff are parents of children with disabilities who understand what you are experiencing and are ready to help you help your child.

## How Can FRCD Help Me?

FRCD staff will help you find the resources or information you need.

FRCD helps a wide variety of families and professionals on local, state, and national levels everyday through informational workshops, phone trainings and community outreach.