

# RELAX. RENEW. REFRESH.

Being a special needs mom is not easy. How about a weekend of relaxing, laughing, meeting other moms, massages, fun activities and getting resources? Do as much or as little as you wish — it's your weekend!

## Retreat Yourself

Your weekend starts at 6:00pm on October 17th (check in at 5:00pm) and ends at NOON on October 19th.

### REGISTRATION

PLEASE PRINT CLEARLY

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

ROOM PREFERENCE (No guarantee of private room)

I need sleep! (Quiet Wing)

I'm here to socialize (Not so quiet wing)

\_\_\_\_\_ Roommate Request

Registration fee of \$100.00 will be provided via Starnet Family Fellowship Funding for parents with children ages 2-5. Complete the Family Fellowship and Professional Development Application Form and submit with your Retreat Registration. If you decide to pay, payment must be included. Cancellations must be made by October 3, 2014.

Parents of children with disabilities ages 6 and older are eligible for funding from the Arc of Illinois Consumer Stipend, download the application at <http://www.thearcofil.org/consumer-stipend-project>, pending availability.

**Getting There!** Starnet Region V will provide transportation to and from the event. Departure details will be emailed to registered participants.

October 17-19, 2014

BISHOP LANE RETREAT CENTER

7708 East McGregor Road, Rockford, IL



**SPACE IS LIMITED! RESERVE YOUR SPOT NOW!!!** Send completed Retreat Yourself application and Family Fellowship Funding application Forms to:

**Mail:** Kim Cambric, Family Resource Coordinator  
Starnet—CPS ODLSS, 125 S. Clark Street, Chicago, IL 60603

**Email:** [kdcambric@cps.edu](mailto:kdcambric@cps.edu)

**Fax:** (773) 553-5595



*Retreat Yourself is funded in collaboration with CFC #1, Starnet Regions 1, 3 and 5 and is sponsored by Turning Point Church.*

