



# Alexian Brothers Health System

## SOCIAL WELLNESS GROUP & CO-OCCURRING PARENT GROUP

**WEDNESDAYS**  
**6:00 – 7:00 PM**  
**Outings 6:30-8:00**  
**January 15- March 19, 2014**

The **Social Wellness Group** is intended for children ages 9-12 with a High Functioning Autism Spectrum Disorder. Children must be able to participate and gain from a 60-minute group session.

### FEATURED TOPICS INCLUDE:

- Communication
- Friendship
- Bullying
- Anger Management

### CO-OCCURRING PARENT GROUP

The **Co-Occurring Parent Group** will be held at the same time as the Social Wellness Group, for parents of the children in attendance.

*The Social Wellness Group is led by Dr. Valerie Luxon – Licensed Clinical Psychologist.*

### TWO COMMUNITY OUTINGS WILL OCCUR AND MAY INCLUDE:

- A local restaurant
- Bowling



- ✓ Learn more about the Autism Spectrum & Developmental Disorders Resource Center at [www.abbhh.org/autism](http://www.abbhh.org/autism) or call 847-755-8536.
- ✓ Cost - \$50 for each group session
- ✓ Insurance is accepted for group sessions
- ✓ Outings may be an additional \$10-\$20-Must provide own transportation
- ✓ To register please call **847-755-8090**. Select option #5 and leave a message. Your phone call will be returned within 72 hours.
- ✓ Alexian Brothers Medical Plaza  
1786 Moon Lake Blvd., Suite 104  
Hoffman Estates, IL 60169



**ALEXIAN**  
BROTHERS

HEALTH SYSTEM

**Our Passion is Powerful Medicine™**

[www.AlexianBrothersHealth.org](http://www.AlexianBrothersHealth.org)